

Costa Rican Forest and Beach

COSTA RICA | 2024

ARRIVAL DAY: ¡BIENVENIDOS A COSTA RICA

Arrive to San Jose, Costa Rica. You will be met by our staff and be taken to the car rental, for you to get the paperwork done.

Depending on your arrival time, you will have time to explore San Jose's Central Market or head straight to bed. Bienvenidos!

Lodging Standard: Park Inn, Palma Real or similar

Lodging Comfort: Barcelo San Jose, Hilton Garden Inn San Jose La Sabana o similar



DAY 2 CARIBBEAN BEACHES AND FLAVORS

After breakfast, it's time to get on the road towards the Caribbean side of Costa Rica. The Caribbean side offers a unique glance to our afro-caribbean culture with delicious meals, flavors and rhythms. After your check in, explore some of the beaches in Cocles, Manzanillo



and Puerto Viejo and prepare your eyes and camera for your first amazing beach shots. Don't forget to try the traditional caribbean rice and beans.

Lodging Standard: Cariblue, Escape Caribeño o similar

Lodging Comfort: Shawandha, Le Camaleon or similar

Meals: Breakfast

DAY 3 CAHUITA NATIONAL PARK

This morning, you will head to Cahuita National Park. Keep your eyes open and cameras ready for monkeys, sloths, toucans, frogs and more animals that this beautiful region has to offer. The rest of the afternoon can be spent at the beach. Don't forget to check out some of the souvenirs in Puerto Viejo.

Lodging Standard: Cariblue, Escape Caribeño o similar

Lodging Comfort: Shawandha, Le Camaleon or similar

Meals included: Breakfast

DAY 4 CARIBBEAN VIBES

After breakfast, you will have time to rent a bike or just go on your car to continue exploring the different Caribbean beaches near Puerto Viejo, Manzanillo, Cocles and Punta Uva.

Lodging Standard: Cariblue, Escape Caribeño o similar

Lodging Comfort: Shawandha, Le Camaleon or similar

Meals included: Breakfast

DAY 5 CARIBE TO HOT SPRINGS

After breakfast, it is time to pack to continue on your adventure to La Fortuna. Pick up your car and start driving to La Fortuna, home of the famous Arenal Volcano and many fun & adventure activities. Once you arrive in Fortuna, you will have time to check in, walk around town and familiarize yourself with this beautiful location.

Lodging Standard: Arenal Paraiso/ Montaña de Fuego or similar

Lodging Comfort: Arenal Manoa, Arenal Springs or similar

Meals included: Breakfast

DAY 6 CANOPY WITH THE ARENAL VOLCANO'S VIEWS

After breakfast, you will fly through the rainforest with some of the best views of the Arenal volcano and the Lake. If you are lucky, you will get some great shots of the lake and the magnificent Arenal Volcano. Keep your eyes open for animals and birds too. The afternoon can be spent in town, visiting a coffee shop or relaxing at your hotel.

Lodging Standard: Arenal Paraiso/ Montaña de Fuego or similar

Lodging Comfort: Arenal Manoa, Arenal Springs or similar

Meals included: Breakfast



DAY 7 EXPLORING THE RAINFOREST AND FINCA DON JUAN

After breakfast, get ready to visit Finca Don Juan, where we will learn about agriculture, some of the traditional vegetables and fruits of Costa Rica and you will have the chance to enjoy walking around the farm and learning how it is self-sufficient and works in harmony with land and nature. At the end, you will have a lunch prepared with ingredients from the same farm. The rest of the afternoon is free for you to go back to your hotel and relax, head to town for some souvenir shopping and/or enjoy the hot springs at your resort.

Lodging Standard: Arenal Paraiso/ Montaña de Fuego or similar

Lodging Comfort: Arenal Manoa, Arenal Springs or similar

Meals included: Breakfast and lunch

DAY 8 VAMOS A LA PLAYA

Time to get your swimming suits out. Today, we will drive to Central Pacific and Manuel Antonio, one of the most visited beaches in Costa Rica. Once you arrive at Manuel Antonio, you can spend the rest of the afternoon exploring and enjoying the beach.

Lodging Standard: Costa Verde, Villa Bosque or similar

Lodging Comfort: Parador, San Bada or similar

Meals included: Breakfast



DAY 9 MANUEL ANTONIO NATIONAL PARK

After breakfast, head to the most famous national park of Costa Rica. You will have time to explore the different trails inside the park, look for different types of animals, enjoy its beautiful beaches and spend as long as you want in this amazing location.

In the afternoon you can chill out and explore Quepos town.

Lodging Standard: Costa Verde, Villa Bosque or similar

Lodging Comfort: Parador, San Bada or similar

Meals included: Breakfast

DAY 10 CATAMARAN TOUR

Today, you go on a catamaran tour in the afternoon, a slow/free morning, relax at the pool or take a walk through town.

In the afternoon you will drive to La Marina Pez Vela where you take the catamaran. During the tour, if you are lucky, you will spot dolphins and other marine creatures. Also there are amazing views of the Manuel Antonio National Park on board. The tour includes a freestyle diving or snorkeling adventure in a beautiful and secluded bay known as Playa Biezans; where you can enjoy a beautiful sunset. Remember to bring sunscreen, insect repellent and we recommend a reusable water bottle to keep hydrated. Additionally, we recommend bringing a change of clothes along with your bathing suit and a towel.

Lodging Standard: Costa Verde, Villa Bosque or similar

Lodging Comfort: Parador, San Bada or similar

Meals included: Breakfast



DAY 11 MANGROVE BOAT TOUR

After breakfast, a tour guide will pick you up at the hotel and take you to Damas Mangrove. Wind through acres of a protected, pristine Costa Rican estuary as your experienced guides educate you on the secrets – both past and present – of the mangrove eco-structure so vital to Costa Rica and the world as well. During the tour you might spot, with the help of your experienced guide, caimans, sloths, crocodiles, boas, white face monkeys, egrets, and so many more species of wildlife, as your boat leisurely winds its way through the mangrove channels along the gentle currents of the coastal tides. And finally, end your adventure with a relaxing yet rewarding meal in typical Costa Rican flavor at a local “hot spot” restaurant.

In the afternoon you can chill out and enjoy the last sunset at the Central Pacific Coast.

Lodging Standard: Costa Verde, Villa Bosque or similar

Lodging Comfort: Parador, San Bada or similar

Meals included: Breakfast & lunch



DAY 12 LAST DINNER IN SAN JOSE

This day you will have free time in the morning to chill out on the beach and enjoy the swimming pool of the hotel.

After lunch, you can drive back to San Jose for your last night in the country in preparation for tomorrow's flight home.

Lodging Standard: Park Inn, Palma Real or similar

Lodging Comfort: Barcelo San Jose, Hilton Garden Inn San Jose La Sabana o similar

Meals included: Breakfast

DAY 13 BUEN VIAJE!

Depending on your flight time, you can sleep in and enjoy your last breakfast in the hotel or wake up early to go to the airport.

ITINERARY INCLUDES:

- Local staff on call 24/7 throughout your holiday for assistance with any situation
- Employing and using local operators and vendors
- Some meals included as described in the itinerary
- Breakfast included
- 4x4 rental during your stay with basic insurance
- All nights of accommodation